



October MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cereal bowl, breakfast bar, fruit & juice	2 Cereal bowl, yogurt & fruit	3 Cereal bowl, bagel & fruit	4
	COOKS CHOICE!!	Tuna or Egg Sandwich, veggies, fruit salad & chips	Cheese bread w/ marinara, salad & apples	
7 Cereal bowl, muffin & fruit	8 Minion Day!! <i>Dress in Yellow or Blue!</i>	9 Sausage & Pancake Stick, fruit & Juice	10 Cereal bowl, pop tart & fruit	11
Sweet & Sour Chicken, stir fry, brown rice & oranges	Yellow and Blue Foods!!	Toasted cheese, tomato soup, salad & apple sauce	Chili dog, veggies & fruit	
14 Hardboiled egg, cereal & fruit	15 Cooks Choice!	16 Cereal bowl, omelet & fruit	17 Cereal, muffin & fruit	18
Spaghetti, salad, garlic bread & fruit	Burrito, Spanish rice, veggies & fruit	Chef Salad, swirl roll & fruit	Breakfast for Lunch!	
21 Cereal bowl, yogurt & fruit	22 Cereal bowl, toast & fruit	23 French toast bar, fruit & juice	24 Oatmeal, maple bar & fruit	25
Oven fried chicken, mashed potatoes, green beans, fruit & roll	Tater tot casserole, bread & butter, corn & fruit	Mac & Cheese, salad, fruit & roll	Chicken patty sandwich, baked beans, carrots & fruit	
28 Cereal bowl, pop tart & fruit	29 Cereal bowl, yogurt & fruit	30 Cereal, Bagel & fruit	31 BREAKFAST IN THE DARK !!	
Biscuit w/chicken gravy, green beans & fruit	Pizza, salad & fruit	Braised beef in gravy, mashed potatoes, carrots, breadstick & fruit	BooGers! Bones, Bat Wings, Witch Noses!!	
				BREAKFAST: K-12 No Charge Adult \$3.75 LUNCH: K-12 No Charge Adult \$4.72